

Thank you for choosing Riviera Sea School to complete your Helmsman Practical. Please see below instructions for joining your course. Please do not hesitate to contact us should you have any queries or concerns prior to the start date of your course. We look forward to meeting you soon.

### Course Venue

Address: Port du Golfe-Juan, Golfe-Juan, 06220, FR

Located on the beautiful Cote d'Azur we are conveniently situated 23km from Nice Airport, less than 300m from the nearest train station and in close proximity to all main bus routes.

### Starting and finishing times

Your course will begin at 0900 and will run through until 1600/1700 in the afternoon. You will be given sufficient breaks throughout the day for lunch and refreshments. Please discuss with your instructor any concerns you may have regarding your finishing time at the beginning of your course.

### Directions

**From the train station:** Come out of Golfe-Juan train station and turn right following the underpass under the railway line, continue straight towards the port. When you reach the port turn right and walk in the direction of Cannes. Enter the old port and follow the road round until you reach the Capitainerie.

**From the bus station:** At Golfe-Juan bus station follow avenue de la gare down towards the train station and follow the directions above.

**From the airport:** Follow signs to the A8, take the ramp to Aix-en-Provence/Cagne/Cannes. Take exit 44 towards Golfe-Juan/Vallauris/Antibes/Juan-les-pins, merge onto the D535 and continue to follow signs for Golfe-Juan - Port du Golfe-Juan- Capitainerie.

### Meeting point

Please arrive at the port for 0900. Your Instructor will be waiting for you at the Capitainerie. Please note that there are two ports in Golfe-Juan, Port du Golfe-Juan and Port Camille Rayon. We are located at Port du Golfe-Juan on the western side.

### What to bring

1. Depending on the time of year we advise you bring the following clothing - a warm top and/or waterproof clothing if rain is forecast, deck shoes or similar (please avoid black soled shoes), sunglasses, sunscreen and reading glasses if necessary.
2. Any medication you may require for the duration of your course
3. Lunch will not be provided so do bring some money or a packed lunch along with you.

### Insurance

Riviera Sea School carries full public liability insurance for its students, it is however advised that you arrange personal travel/cancellation/accident insurance prior to your course.

### Parking and facilities

There is a reasonably sized car park adjacent to the port. It is a secure car park and will cost in the region of 6 euros for the day. Riviera Sea School however does not accept responsibility for any theft or damage of vehicles left in the car park. There is also abundant free street parking in the area.

You will find excellent toilet and shower facilities at the port.

